

**2 GREAT NIGHTS!**

**FRIDAY & SATURDAY!**

# Natural Southern States Classic 2012

## IFPA Pro-Qualifier

- **FRIDAY, APRIL 20, 2012**

(Figure)

- **SATURDAY, APRIL 21, 2012**  
(Male & Female Bodybuilding & Bikini)

- **BODYBUILDING CLASSES:** Both Male & Female Divisions for Teen, Collegiate, Submasters (35-39), Novice; Masters (40-49), Masters 50+; IFPA BODYBUILDING PRO QUALIFIERS: Women's 35+, Mens Masters 40+, Mens & Womens Open
- **FIGURE CLASSES:** Beginner, Teen, 40+, Novice; IFPA PRO FIGURE QUALIFIERS: 35+, Open;
- **BIKINI CLASSES:** Bikini Open, Bikini 35+; IFPA PRO-QUALIFIER
- All competitors will receive an event t-shirt, a subscription to "Fitness and Physique Magazine," & supplement samples.
- **OVERALL winners** receive beautifully sculptures trophies, a gym bag, jacket, and other prizes.
- 7 year drug free All competitors will submit to polygraph & urinalysis. For a listing of banned substances, please visit: [www.NaturalBuildFitness.com](http://www.NaturalBuildFitness.com) or [www.NANBF.org](http://www.NANBF.org)
- **ENTRY DEADLINE:** Your entry form must be postmarked no later than April 9th, 2012.
- **Location:** Liberty Performing Arts Theatre, 1600 South Withers Road, Liberty, Missouri.
- **TICKETS** can be purchased in advance at the Liberty Performing Arts Theatre in Liberty, Missouri, [816] 439-4362; VISA/MC/AMX: Tickets at the door, day of show. Tickets purchased at the door on show days will have a \$4 surcharge added per ticket.  
FRIDAY - FIGURE: Prejudging starts at 6:00pm with the Finals to begin immediately after; Advance Ticket Prices: General Admission \$23; VIP \$27.  
SATURDAY - BODYBUILDING & BIKINI: Pre-Judging 10:00am \$14; Finals 5:30pm, General Admission \$19, VIP \$23.
- For More Info: Entry Forms, Advertising, Sponsorship, or Booth Space, E-mail: [natrlbuild@sbcglobal.net](mailto:natrlbuild@sbcglobal.net) Online and printout Entry Form you can go to: [NaturalBuildFitness.com](http://NaturalBuildFitness.com)



**Stephanie Smith**  
2011 Overall Winner,  
Bikini



**Alexandra Ellis**  
2011 Overall Open Winner,  
Figure



**Dr. Douglas Mathis**  
2011 Men's Overall Winner,  
Bodybuilding



**Dr. Jeanie Welker**  
2011 Women's Overall Winner,  
Bodybuilding



**100% POLYGRAPHED & URINALYSIS**

**100% POLYGRAPHED & URINALYSIS TESTED**



# Natural Southern States Classic & Natural Missouri

**BODYBUILDING • FIGURE • BIKINI**

**DATE:** Friday, April 20th & Saturday, April 21st, 2012

**LOCATION:** Liberty Performing Arts Theatre, (inside the Liberty Community Center), Withers Road, Liberty, MO 64068

**SANCTIONING:** The North American Natural Bodybuilding Federation (NANBF, www.NANBF.org) is the sanctioning body.

**PROMOTERS:** John & Becky Arnold, please e-mail us at: natrlbuild@sbcglobal.net For more info please go to: www.NaturalBuildFitness.com

**TICKETS:** Please contact the Liberty Community Center at [816] 439-4362 for tickets.

**AWARDS:** Awards will be given to the top five in all divisions, plus overalls and best poser. Beautifully sculptured trophies will be given to the top five.

**HEIGHT CLASSES:** Height will apply in novice and open categories. Contest promoters reserve the right to adjust classes.

**BODYBUILDER'S POSING ATTIRE:** Posing suits must be worn and be of solid color, opaque, devoid of embroidery, stripes or other embellishments. Accessories are not permitted

including jewelry. At finals, accessories & props attached to body may be used.

**FIGURE & BIKINI POSING ATTIRE:** Two piece suit and heels. No thongs may be worn. Music will be provided by promoter.

**BODYBUILDERS POSING MUSIC:** Competitors will pose to music of their choice at the final show.. If you are entered in more than one class, you will pose only once. Music will be limited to 60 seconds. Music must be cued to start and recording must be of good quality. ONLY MP3 files and CD's are accepted. Two copies must be provided. No profanity will be allowed.

**ENTRY:** Entry Fee is \$55. Crossover Fee is \$30. Polygraph Fee is \$40 (cash paid directly to Event Polygrapher by competitors at time of polygraph). Entries must be postmarked no later than April 9th, 2012. Entries postmarked after April 9th, 2012 must include the late fee of \$40, NO EXCEPTIONS. Entries are nonrefundable and NO entries will be accepted after April 16th, 2012. (You will receive additional information by **EMAIL** after we receive your entry.)

**ELIGIBILITY:** The competition is open to all physique athletes who have not at any time during the 84 months prior to the day preceding this event, engaged in the personal use of anabolic

steroids, other growth enhancing drugs, prescription diuretics, Prohormone (Andros) and related supplements are banned. FOR A COMPLETE LISTING OF BANNED SUBSTANCES PLEASE VISIT: [www.nanbf.org](http://www.nanbf.org) All contestants must present NANBF card at drug testing. NANBF Cards are \$60. (Additional information about drug testing will be mailed to you after we receive your entry.) All competitors MUST be of amateur status (must NOT have received any cash prize from any bodybuilding, figure or fitness organization).

**TESTING & CHECK-IN:** Polygraph is by appointment. Check-in and urine collection time will be announced at a later date. Drug testing will be by urinalysis and polygraph. If you miss the drug test you will NOT be allowed to compete. NANBF membership required. BE PREPARED TO POLYGRAPH UP TO 5 DAYS PRIOR TO THE CONTEST. NO EXCEPTIONS. Competitors may be asked to submit to a second polygraph the day of the show or after if needed.

**HOST HOTELS:** Marriott Fairfield Inn, [816] 792-4000; Comfort Inn Suites [816] 781-7273.



**MAIL CASHIER'S CHECK OR MONEY ORDER TO: Natural Build Fitness, LLC, 2000 Clay Drive, Liberty, MO 64068**  
You will receive additional information by mail after we receive your completed entry form.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Exact Height: \_\_\_\_\_ ft \_\_\_\_\_ inches (no shoes, this will determine class you compete in)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Day (\_\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_\_) \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Current N.A.N.B.F. Card Exp Date: \_\_\_\_\_ Last 4 Digits of your SS#: \_\_\_\_\_

YOUR FREE EVENT  T-SHIRT or  TANK TOP - Please check one:  FIGURE/BIKINI  Small  Medium  Large **OR**  BODYBUILDING  Medium  Large  XL  XXL

Additional EVENT T-SHIRTS and EVENT TANK TOPS are also available at \$15/item:  T-Shirt  Tank Top TOTAL \$ \_\_\_\_\_

I WOULD LIKE TO PURCHASE @ \$15 EA:  Figure/Bikini  Small  Medium  Large |  Bodybuilding  MED  LG  XL  XXL

A fee of \$30.00 will be added for returned checks. You will be required to sign a release, as a standard procedure, at check-in. If you are under the age of 18, signature of parents or legal guardian is required. T-shirt/apparel orders received after April 2nd, 2012 will be limited in size and selection.

<b>PLEASE CHECK ALL DIVISIONS YOU ARE ENTERING:</b>	<b>N A T U R A L S O U T H E R N S T A T E S C L A S S I C</b>	<b>THE NATURAL MISSOURI</b>
	<input type="radio"/> <b>FIGURE</b> <input type="radio"/> BEGINNER <input type="radio"/> TEEN <input type="radio"/> 40+ <input type="radio"/> NOVICE <b>IFPA PRO FIGURE &amp; BIKINI QUALIFIERS:</b> <input type="radio"/> 35+ <input type="radio"/> OPEN <input type="radio"/> BIKINI <input type="radio"/> BIKINI 35+	<input type="radio"/> <b>BODYBUILDING</b> <input type="radio"/> TEEN <input type="radio"/> COLLEG. <input type="radio"/> SUBMASTERS (35-39) <input type="radio"/> MASTERS (40-49) <input type="radio"/> MASTERS 50+ <input type="radio"/> NOVICE <b>IFPA PRO BODYBUILDING QUALIFIERS:</b> <input type="radio"/> WOMENS 35+ <input type="radio"/> MENS MASTERS 40+ <input type="radio"/> WOMENS OPEN <input type="radio"/> MENS OPEN